

Soups & Starters

Poogan's Gumbo	3.99 cup	5.99 bowl
<i>Smoked sausage, chicken, & seasonal vegetables</i>		
Albertha's She-Crab Soup	4.99 cup	6.99 bowl
<i>An award-winning Charleston tradition, laced with dry sherry</i>		
Garden Salad		3.99
<i>Mixed greens, julienned carrots, house dressing</i>		
Fried Alligator		6.99
<i>Honey-jalapeno dressing</i>		
Fried Green Tomatoes		5.99
<i>Cajun remoulade</i>		
Pimiento Cheese		6.99
<i>Pickled okra, garlic crostinis</i>		

Salads

Fried Chicken Salad		8.99
<i>Buttermilk batter, julienned carrots, cucumbers, honey-jalapeno dressing</i>		
Poogan's Cobb Salad		10.99
<i>Fresh spring salad with diced tomatoes, artichokes, smoked turkey, crisp bacon, chopped eggs, and crumbled blue cheese, choice of dressing</i>		
Jim Island Chicken Salad		8.99
<i>Served with coleslaw, tomatoes, cucumbers</i>		
Queen St. Spinach Salad		6.99
<i>Baby spinach, goat cheese, caramelized onions, spiced pecans, honey balsamic dressing</i>		
With Grilled Creek Shrimp, Fried Oysters or Salmon		10.99

Calabash Seafood

Served with rice and vegetable of the day

Farm-Raised Catfish	9.99	Carolina Shrimp	10.99
Bull's Bay Oysters	10.99	Combination Platter	12.99

Sandwiches

Fried Green Tomato BLT	8.99
<i>Applewood-smoked bacon, goat cheese, sourdough</i>	
Warm Roasted Turkey	8.99
<i>Smoked bacon, cheddar cheese, sun-dried tomato aioli, toasted sourdough</i>	
Blackened Chicken	8.99
<i>Basil mayo, smoked gouda, roasted red peppers, baguette</i>	
Pecan Chicken Salad	8.99
<i>lettuce, tomato, multi-grain</i>	
Southern Po Boys	
<i>Cajun remoulade, French loaf</i>	
with Farm-raised catfish	9.99
with Carolina shrimp or Bull's Bay oysters	10.99
Carolina Crab Cake	10.99
<i>Cajun remoulade</i>	
Homemade Pimiento Cheese	7.99
<i>Sourdough</i>	
Charleston Cheeseburger	8.99
<i>Kaiser roll</i>	
<i>Applewood-smoked bacon or fried green tomato</i>	
	9.99

Lowcountry Plates

Shrimp & Grits	10.99
<i>Vidalia onions, tri-colored peppers & Cajun sausage in a tasso ham and blue crab gravy</i>	
Seared Salmon	12.99
<i>Johns Island Tomato Summer salad</i>	
Lowcountry Pasta	8.99
<i>Cajun sausage, chicken, succotash, onions, bell peppers</i>	
Chicken & Sausage Jambalaya	8.99
Chicken Charleston	9.99
<i>White wine tarragon cream sauce, mushrooms, artichoke hearts, puff pastry, vegetable of the day</i>	
Spinach Artichoke Ravioli	11.99
<i>Fresh tomato basil sauce</i>	
Red Beans & Rice	8.99
<i>Cajun sausage, vegetable of the day</i>	